

'Life can only be understood backwards, but it must be lived forwards'

A LITTLE QUIZ FOR YOU ...

In which town is the famous Cumberland Pencil Museum?

Beatrix Potter was a famous children's author ...
But what is the name of her house here in the Lake District?

Windermere is the longest stretch of water, but which is the deepest?

What is the name of the tallest mountain in Cumbria?

When did Lucy's Specialist Grocers first open? You'd have to be a bit older to know that!

There is a mountain that you can see out of the window at the front of Lucy's
Do you know what it's called?

Can you name the pudding that the Lake District is famous for?

Who lived at Rydal Mount (it's surrounded by daffodils!)?



LITTLELUCY'S

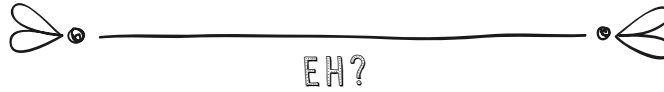
"You only live once, lick the plate"

To help you make some decisions of your own we have put together a little selection of things that we think will tempt you to choose from. We hope you like them and that you can find something that tickles the tastebuds, from a Pickers Platter to Pasta! We will do our best to ensure that your tastebuds are truly tickled ...
And remember, you don't offend us by not liking something ... You just disappoint us by not trying it!!

Have fun and enjoy spending time with those who love and cherish you,

♥ Lucy xxx

'By the time you realise your parents were right
You'll have children who think you're wrong!'



EH?

Can you work out these Cumbrian dialect phrases?

Aas gan furra scan.

Thes nowt better'un Lucy's.

Aas gan up street furra deekabout.

Mek us a cuppa scordy.

Aas gan yam.

Yan, tyan, tethera, methera, pimp, sethera,
lethera, hovera, dovera, dick and bumfit

PICTURE PERFECT

Feel free to do a little picture for us in preparation for a Little Lucy's Picture Book! We love all the budding artists and writers amongst you and will keep your pictures to turn into a book at the end of the year.



THINGS TO DO & PLACES TO GO...

Brockhole Visitors Centre
Wray Castle

The Peter Rabbit Experience Bowness
Rydal Caves

The Cinema... we have 3 in Ambleside
And much more...



Answers
1. Keswick 2. Hill Top 3. Wastwater 4. Scatell Pike 5. 1989 6. Fairfield Horseshoe 7. Sticky Toffee Pudding 8. William and Dorothy Wordsworth. Eh? I'm going to eat some food. 2. There's nothing better than Lucy's. 3. I am going into town for a look around. 4. Make us a cup of tea please. 5. I am going home. 6. Numbers 1- 10 & 15 for a laugh!

(Little Lucy's is available for our young guests to the age of 12)

FOOD GLORIOUS FOOD

£12 for 2 courses
or £9 for a main course

SLOUPER SOUP

Generally vegetarian and more often than not gluten free - served with bread £4

PICK N MIX PLATTER

A selection of all sorts ... Meat, houmous, cheese, fruit, vegetable batons, crisps, tomatoes etc ideal for little fingers to pick at ... veggie and gluten free if you ask

CHISH AND FIPS

Fillet of fish, coated in our homemade batter, served with skinny fries and peas

MIGHTY MEATBALLS (GF)

Beef meatballs in a rich, lightly spiced tomato sauce baked in the oven topped with cheese

SIMPLY CHICKEN (GF)

Tender chicken breast, served with gravy and mash

PIGGY PORKERS

Plump pork sausages, served with mash/fries and gravy



(GF) = Gluten free (V) = Vegetarian
(DF) = Dairy Free
If anyone is intolerant to wheat, gluten, dairy or eggs, then do consult with us and we shall make every effort to be able to offer an alternative.



As if you weren't sweet enough ...
'You are what you eat ...
So eat something sweet!'
Please ask for our dessert menu...

FISH PIE (GF)

Combination of fish (no shellfish) In a creamy sauce, under a mashed potato blanket

VEGGIE RISOTTO (V)

Rice and vegetables, simple tasty and good for you

TIDDLY TAGINE (GF) (v available)

A mini meaty or vegetable tagine, served together with rice

D.I.Y PASTA (V)

Spaghetti just as it is accompanied by a pot of cheese and tomato sauce for you to DIY!

SUNDAYS ... RAVISHING ROASTS!

Ask for the selection that we have when you join us on a Sunday

WARNING! GREENS AND MORE

To go with your meal!
If you would like any of these—just ask.

Steamed vegetables	Cucumber sticks
Skinny fries	Gravy
Just peas	Just carrots

'The best thing about the future is that it comes one day at a time'



LITTLELUCY'S

SUPERSTARS

