

## 2016 OPENING HOURS....

**Lucy's on a plate is open EVERY DAY ...**

**Monday-Friday Open from 5pm-9.30pm**

**Saturday & Sunday: Open from 11am-9.30pm**

**Please note ... Lucy4 Wine Bar & Bistro** in St. Mary's Lane will be reopen Mid February. **Lucy4** is the Home of the **Creative Cockt4il and Tempting T4pas...** ...

**Fun 4 Families and Perfect 4 Parties ...**

**Ideal 4 Individuals and Cosy 4 Couples**

*Bookings and/or private hire of either venue can be arranged*

**Lucy's** loves a **polite party** and can organize anything from **bespoke menus** through to **entertainment and decoration** – please enquire via email [info@lucysofambleside.co.uk](mailto:info@lucysofambleside.co.uk) OR ask one of the team ... everything from **Hen and Stag Parties**, to **Proposals and Bespoke Weddings** ... we are the **Party People!** (with all the different areas at **Lucy's** you'll never feel that a party is sitting 'next to you' if you are dining as a romantic couple!!)



**Something to celebrate? ...**

*Book for Special Diary Dates at **Lucy's** ... Birthdays, Anniversaries, Special Occasions ... let us know and we'll bake you a cake!!*

**Inside Out Catering** can provide you with a little **Taste of Lucy's** ... but in the comfort of your own surroundings! Why not host a **dinner party** – we'll do the shopping, chopping, cooking and washing up! And if you'd really love to indulge in the pleasure of preparing and cooking food ... then visit us at **LucyCooks Cookery**

**School in Staveley** and enjoy a splendid alternative activity – there's a course for all seasons and all reasons and ideal for everyone -



So, look book and cook with **LucyCooks!**

You can follow us on **Twitter @lucyofambleside** or on **Facebook at Lucy's on a Plate**



Check in and tag us!! **WiFi – password is**

**Seasoning T: 015394 32288**



*LucyCooks*

*WWW.LucysofAmbleside.CO.UK*

*'Life was so much easier when Apple and Blackberry were just fruits'*

*Lucy's*

## WEEKEND BRUNCH AND LUNCH MENU

Café • Restaurant • Bar

**OPEN SATURDAYS AND SUNDAYS 11am ...**

this menu is served until 4pm

(Cakes, scones, afternoon teas until 5.30pm)

**At 5pm our Evening service commences ... please ask for a menu**

Welcome to **Lucy's on a plate** where I hope you will find something to suit all tastes ... we make most of what we serve at **Lucy's** here in our own kitchens and we can generally accommodate most requests (miracles take a little longer!)

**This is our Weekend Brunch and Lunch menu ... cakes, scones and traybakes are available as well as the full Afternoon Tea selection and Sunday Lunches on Sundays! ... so, whilst our opening hours have altered, our ethos remains the same – whether you are with family, friends, loved ones or on your own, we offer you the opportunity to relax, enjoy the experience and relish the pleasures of an alternative style in the style for which Lucy's is known 'we don't serve fast food-we serve good food as fast as we can'**

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*Book to dine with us in the evening and be part of our*

**Unique Personalised Dinner Menu**

(please ask for a sample menu)

**Just Desserts** available for anyone wishing to join us to simply satisfy their sweet tooth

From **OPENING** until 10.30pm

**(Dessert Dining is the new way to eat out for less!!)**



## *'Once discovered - Never forgotten'*

\*Indicates Gluten Free (v) Vegetarian (N) Nuts

*We have a whole range of gluten free goodies, so if you're unsure, then let us guide you through our culinary creations – where bread is used please ask for our gluten free bread instead or omit the meaty bits for a vegetarian option – lupin seeds are in the delicious donker bread*

### *Lucy's all day Breakfast Brunch...*

#### **PORRIDGE (v)**

a bowl of warming porridge oats, made in the traditional style with cream and sugar, then served with any of the following

Raspberries, golden syrup or honey **£4.95**

#### **FRUIT BURST BIRCHER MUESLI (v) (n)**

Swiss style muesli full of goodness, soaked with apple, then layered with natural yoghurt, berries and flaked almonds **£5.95**

#### **WESTMORLAND STACKER**

A 'stack' of Lancashire Black Pudding, crispy bacon, Portobello mushroom, a curl of Cumberland sausage, topped with fried or poached egg with a rich tomato coulis **£10.50**

#### **BEAN FOR A WAFFLE**

Warm waffles topped with crispy bacon and a poached egg, together with homemade baked beans **£8.50**

#### **\*CHEESEY BEANS (v)**

Homemade baked Beans with a slightly spicy tomato paprika sauce, ovenbaked and topped with melted cheese in a skillet **£7.95**

\*Add eggs for an authentic South American style breakfast **£9.50**

#### **EGGY BREAD (v)**

Homemade bread dipped in beaten, seasoned free-range eggs and then fried ... simple stuff that does you good! **£6.50**

#### **EGGS MEXICANO (v)**

Scrambled eggs with a touch of chilli and spring onions, served onto a slice of dark donker bread with a side of avocado salsa **£7.50**

#### **\*MNX (Aka Posh Baked Eggs!)**

A true favourite ... bacon, topped with cheese and a couple of eggs finished with cream and seasoning, then oven baked in a skillet **£8.50**

#### **SUN UP SERRANO**

Soft warm brioche, split and spread with avocado mash, topped with crispy serrano ham finished with a fried egg **£7.50**

#### **WARMED CROISSANT, BRIOCHE or CIABATTA (v)**

served with butter and jam, honey or marmite **£2.95**

**BRIOCHE BREAKFAST** .....Soft warm brioche, served with any of the following ... **Bacon • Sausage • Fried/Poached egg • Avocado mash • Mushrooms • Baked beans** **£4.95 for one filling ...**

**additional fillings/sides are £1 each ...**

*(ciabatta or gluten free bread if you prefer please ask)*

## *Lunch Time Menu...3 courses £20*

### *2 courses £16 per person*

*Dishes are individually priced for guidance if you'd prefer*  
**Starters**

**SEASONAL SOUP** – These are listed on the black board!

(Usually gluten free and vegetarian but please ask) **£4.95**

**GANGSTERS MORNAY** – crayfish cooked with vodka, chilli and cream and finished with parmesan \* **£6.50**

**NOODLED BEEF** – crispy strips of beef, in a sticky hoi sin sauce and served onto a bed of soft noodles **£6.50**

**BABY BOBOTIE** – a mini version of our very popular South African specialty with chutney and salad garnish \* **£6.50**

**POLLO PATE** – smooth chicken liver pate, served with crostini, house chutney and a salad garnish **£6.50 (pate is gluten free)**

**STONED AND SIMPLE** – an avocado split in half and the cavity filled with house dressing served with mixed leaves (v) \* **£5.95**

**GREEK DELIGHTS** – houmous, pitta bread, sunblushed tomatoes and olives to remind you of lazy summer days! (v) **£5.95**

**PADDY MCGINTY'S SALAD** – round of goat's cheese, griddled and served onto a bed of salad, together with red onion marmalade and finished with balsamic syrup \*(v) **£6.50 MAIN COURSE IF YOU WISH £12.95)**

### *Main courses*

**STEAK FRITES** - ribeye steak, cooked to your liking with handcut fries, garlic butter and salad garnish – simple and tasty! \* **£14.50**

**ITALIANO CHICK** – chicken breast filled with spinach and sunblushed tomatoes, wrapped in serrano ham and then baked and carved onto a warm nicoise style salad \* **£13.50**

**LASAGNE A LA LUCIA** – traditional and filling – ask for this weekend's special combination!! (little or large **£10.95** or **£12.95**

**CUMBERLAND CURL** – Cumberland Sausage, oven cooked and served with creamy mash, red onion gravy and vegetables **£12.75**

**BOBOTIE (Pronounced 'boobooty')** – minced lamb, combined with aromatic spices, topped with a combination of eggs and cream and seasoning served with a salad and tsatsiki \* **£13.95**

**CHISH AND FIPS** – Beer battered fish, fried until crispy and accompanied by fries, tartare sauce and green pea puree **£13.95**

**FIVE A DAY TAGINE** – a combination of vegetables with morrocan spices and tomatoes, served onto a bed of couscous (or vegetables for gluten free option) finished with vegetable crisps and soured cream (v) **£13.50**

*Don't forget to take a peek at our Delicious Desserts ... remember, there are no calories when it's the weekend!*

*We take all credit card payments (except American Express  
and Diners Club) ... Cash is acceptable!*

*If you like us then do share your experience with others ... if  
you don't, tell us and we'll do our best to rectify any problems*